

PRISONER MEAL AND COMMISSARY SERVICES

RFP# FY16-SCDC-01

ADDENDUM # 1

ISSUED JANUARY 15, 2016

- What is the current ADP? **315**
- What was the ADP for 2015? **350**
- What is the current price per meal? **\$1.599 and \$1.512**
- What is the current price for kosher meals? **\$1.99**
- What is the current level of kitchen staffing? **1-Food Service Director, 5-kitchen employees and 1-Commissary employee**
- Is the County satisfied with the current level of kitchen staffing? **Yes.**
- Can we get a copy of the current menu being served? **See attached.**
- How many sack meals per week are being served? **105 per week**
- How many kosher meals per day are being served? **Three**
- Laundry. Will facility wash soiled kitchen towels? **No.** Does the facility furnish kitchen towels? **No.** What is the current process in place for laundering kitchen towels? **The current contractor takes care of it.**
- Is there internet connectivity available through the county system in the kitchen office? **Yes.** If not, what is the current vendor using for internet activity?
- Will telephone service be provided to the kitchen office? **Yes.**
- Page 15, H; references use of commodities. Were any commodities used in 2015? **None.**
- Page 18, 8; states that condiments (mayo or other spread) will be spread on the bread of sandwiches. Is it permissible to provide the spread/condiment on the side instead of on the bread to reduce possible complaints from the inmate population? **Yes.**
- Do court sack recipients have access to cups and water during the consumption of their meal? **No, juice is provided in the sack lunch.**
- Does the facility offer an ODR for its staff? **No.**
- Are paper products (paper towels, toilet paper, etc.) provided to the kitchen, or is the vendor responsible for disposables in the kitchen proper? **Vendor responsible.**
- Page 19, D-2; please clarify the "pre-packaged" meals referred to under medical and religious diets that are to be charged at the regular inmate rate. Kosher meals are referred to elsewhere and state a separate pricing. **This is if the vendor wants to use pre-packaged Kosher meals.**
- The RFP calls for a 2800 calorie daily diet. Is this the daily average or is this the weekly average per day? **Daily.**
- The RFP states the vendor must have one salaried manager and one full time employee per shift. Can you please confirm this to mean during shifts that commissary is in operation/distribution and not EVERY shift? **Operation, not every shift.**
- Who is the current provider of the inmate management software? **Archonix.**

- How does the county currently handle the inmate trust? **Vendor send us an invoice for accounts payable and then sends a separate check for the commissions to go into the inmate trust account.**
- How much is the weekly spending limit for inmates currently? **\$150** Would the county consider increasing this amount? **Yes, but keeping contraband and trash under control is important.**
- How are commissary orders currently placed? **On paper, filling out a commissary order form.**
- What is the Total commissary sales for the past year? **Unknown.** Does this include non-commissionable items such as stamps? **Unknown.**
- Can you provide the current list of products and the current pricing? **See attached.**
- Do the inmates have access to hot water? **Yes, but also a microwave in the housing unit.**
- What is the current commission rate paid on commissary sales? **22.5%**
- How many microwaves must commissary vendor provide and how often? **All of the unit have microwaves, it will be based on replacing as needed.**
- What is the total current web order revenue if any? **Unknown.**
- Will we be afforded any office space for our mandatory commissary manager? **The current officer for the Food Service Manager can be used.**
- The contract states a maximum of (4) years, will this be a 4 year contract or is this including extensions? **This will be a four year contract.**
- What percent of the current inmate population is indigent? **Approximately 15%.**
- Who is the county's current phone provider is? **Securus Technologies**
- Will the county be open to lobby and booking cashiers to assist with accepting inmate funds? **Yes, but this not a priority.**
- How does the county currently accept deposits onto the inmates account? **Money orders through the mail and funds at the time of booking.**
- Whom is the current contractor for food service and for commissary services? **Aramark**
- Could I please get a copy of the current menu for food service? **See attached.**
- Is inmate labor available for food service and commissary services? **Yes for food services, no for commissary services.**
- What is the current price per meal for foodservice? **\$1.599 and \$1.512**
- What is the current commission Sandoval County receives for commissary services? **22.5%**

B. Offeror's will provide prices on a partial list for the following items to evaluate commissary prices and is not intended to be a formal list of commissary items to be sold:

Soda (Plastic 20 oz. Bottle) \$ _____

Candy Bar (Snickers, Almond Joy) \$ _____

~~*Cigarettes (Brand Name) _____ \$ _____~~

~~*Cigarettes (Generic) _____ \$ _____~~

Tobacco (Buglers, Tops, etc.) \$ _____

Chips (Lays, Fritos, Doritos, etc.) \$ _____

Dried Soups (Ramen, Cup of Soup, etc.) \$ _____

Snack Cakes (Little Debbie, Drakes, etc.) \$ _____

Tea Bags (Lipton, Nestea, etc.) \$ _____

Coffee-Instant (Folgers, Maxwell House) \$ _____

TOTAL FOR COMMISSARY ITEMS \$ _____

***CIGARETTES ARE NOT TO BE INCLUDED IN THE TOTAL
DUE TO THE FACT THAT SANDOVAL COUNTY IS A SMOKE-
FREE FACILITY.**

SANDOVAL COUNTY DETENTION CENTER

QTY	PLU	PHONE CARDS	PRICE	QTY	PLU	COOKIES & PASTRIES CONT.	PRICE	QTY	PLU	HEALTH & BEAUTY	PRICE
	2043	\$10.00 PHONE CARDS	\$10.00		5115	NUTRI GRAIN STWBRY	\$0.89		1003	5" COMB	\$0.59
		POSTAGE			5012	FROSTED STWBRY TOASTER	\$1.09		1086	AFRO PICK	\$0.49
	9031	STAMP \$0.49	\$0.49		5098	BLUEBERRY CHEESE CLAW	\$1.59		1006	COTTON SWABS - 50 CT.	\$2.00
	2001	STAMPED ENVELOPE	\$0.57		5005	CUP CAKES - CHOCOLATE	\$1.59		1010	DENTURE CLNR. 6CT	\$1.00
	2022	PRIORITY ENVELOPE	\$5.75		5091	HONEY BUN	\$1.59		1013	BLUE MAGIC HAIR DRESSING	\$3.50
QTY	PLU	SODA	PRICE	QTY	PLU	CHIPS & SNACKS	PRICE	QTY	PLU	CLOTHING	PRICE
	3025	SODA- PEPSI	\$1.79		5045	CRM CHEESE CLAW	\$1.59		1019	LIP BALM	\$1.69
	3026	SODA- MOUNTAIN DEW	\$1.79		8079	CHERRY DANISH	\$1.59		1027	IRISH SPRING BAR SOAP	\$1.39
	3108	SODA- DIET PEPSI	\$1.79		8280	APPLE DANISH	\$1.59		1030	TOOTHBRUSH	\$0.29
	3112	SODA- CHERRY PEPSI	\$1.79		8317	CINNAMON ROLL	\$1.59		1031	HOLDER - TBRUSH	\$1.09
	3127	SODA- SIERRA MIST	\$1.79		6002	FLAMING HOT CHEETOS	\$1.09		1045	CLOSE UP T/PASTE 4 OZ	\$3.19
	3180	SODA- ROOTBEER	\$1.79		6031	CHILI CHEESE FRITOS	\$1.09		1243	SUAVE LOTION 10 OZ.	\$3.90
	3028	WATER	\$1.79		6015	PORK RINDS HOT/SPICY	\$1.09		1229	V05 SHAMPOO	\$2.95
					6001	CHEETOS 2 OZ. BAG	\$1.09		1230	V05 CONDITIONER	\$2.95
QTY	PLU	BEVERAGES	PRICE	QTY	PLU	GENERAL MDSE	PRICE	QTY	PLU	HEALTH & BEAUTY	PRICE
	9990	COFFEE 4 OZ.	\$4.69		6008	DORITOS - COOL RANCH	\$1.09		1110	CONDITIONER - 4 OZ.	\$1.19
	3005	MAXIMA PREMIUM COFFEE 3 oz	\$5.49		6026	LAYS PLAIN CHIPS	\$1.09		1114	LOTION - 4 OZ	\$1.19
	2986	MAXWELL HOUSE 3oz	\$9.49		6012	BBO CHIPS	\$1.09		1051	4 OZ MOUTHWASH	\$0.99
	3002	SGLE MAXWELL HOUSE COFFEE	\$0.39		6039	RUFFLES-CHDR/SC CHIPS	\$1.09		1245	SHAVE CREAM - 4.5 OZ.	\$2.15
	3048	CHERRY DRINK	\$2.49		6038	CHEESE POPCORN	\$1.09		1257	WOMEN'S DEODORANT	\$4.79
	3003	10 PACK CREAMER	\$0.79		6009	DORITOS - NACHO CHEESE	\$1.09		1148	ROLL ON DEODORANT	\$2.29
	3007	FRUIT PUNCH SINGLE	\$0.35		6020	FRITOS CORN CHIPS	\$1.09		1017	HYDROCORTISONE CRM	\$2.75
	3015	ICED TEA SINGLE	\$0.35		6021	CHDR/JAL CHEETOS	\$1.09		1150	DENTURE ADHESIVE	\$4.75
	3009	LEMONADE SINGLE	\$0.35		6117	PRETZEL - JALAPENO	\$1.09		1152	EYE DROPS - 5 OZ	\$4.00
	3010	ORANGE DRINK SINGLE	\$0.35		6241	ANIMAL CRACKERS	\$1.09		1042	ANTIFUNGAL CRM	\$2.50
	3115	SUGAR PACK - 10 COUNT	\$0.20		6368	DORITOS SPICY NACHO	\$1.09		1035	BABY POWDER	\$1.29
	3079	SUGAR SUBSTITUTE - 10 CT.	\$0.35		6369	DORITOS DINAMITA	\$1.09		1059	FOOT POWDER	\$2.49
	3046	FR VANILLA CAPPUCCINO 1 OZ.	\$0.69		6370	LAYS LIMON	\$1.09		1302	DEGREE EXTR. DEODORANT	\$3.99
	3012	HOT COCOA SINGLE	\$0.39		6371	RUFFLES QUESO	\$1.09		1326	VITAMINS	\$6.99
QTY	PLU	CANDY	PRICE	QTY	PLU	GENERAL MDSE	PRICE	QTY	PLU	CLOTHING	PRICE
	9004	BUTTERSCOTCH BUTTONS	\$1.29		4014	CHICKEN - RAMEN SOUP	\$0.69		8046	T SHIRT - SMALL	\$3.49
	9014	STARLIGHT MINTS	\$1.49		4015	CHILI - RAMEN SOUP	\$0.69		8045	T SHIRT - XL	\$3.49
	9044	ROOTBEER BARRELS	\$1.09		4016	PIC BEEF - RAMEN SOUP	\$0.69		8044	T SHIRT - LARGE	\$3.49
	9055	SOUR BALLS	\$1.09		4284	SHRIMP - RAMEN SOUP	\$0.69		8047	T SHIRT - XL	\$3.49
	9057	JELLY BEANS	\$1.49		4035	SUMMER SAUSAGE - BEEF	\$2.99		8048	T SHIRT - 2XL	\$3.49
	9006	JOLLY RANCHERS	\$1.99		4166	MUSTARD - 10 PACK	\$0.99		8005	BOXERS - SMALL	\$3.99
	9139	HOT TAMALES CANDY	\$1.99		4207	KETCHUP - 10 PACK	\$0.60		8004	BOXERS - MEDIUM	\$3.99
	9182	SWEEDISH FISH CANDY	\$2.29		5044	G-MAS P/B COOKIE	\$0.79		8003	BOXERS - LARGE	\$3.99
	9183	MIKE AND IKE CANDY	\$1.99						8006	BOXERS - XL	\$3.99
	9101	NESTLE CRUNCH BAR	\$1.19						8000	BOXERS - 2XL	\$3.99
	9003	BUTTERFINGER BAR	\$1.19		1029	SOAP BOX	\$1.00		8036	TUBE SOCKS	\$0.99
	9104	100 GRAND BAR	\$1.19		7000	9 X 12 ENVELOPE	\$0.29		8019	PANTIES SZ 5	\$1.75
	9016	BABY RUTH BAR	\$1.19		7004	BIRTHDAY CARD	\$2.50		8020	PANTIES SZ 7	\$1.75
QTY	PLU	FOOD	PRICE	QTY	PLU	GENERAL MDSE	PRICE	QTY	PLU	CLOTHING	PRICE
		COOKIES & PASTRIES			7006	FRIENDSHIP CARD	\$2.50		8022	PANTIES SZ 9	\$1.75
	5121	CACO CHOCOLATE COOK.	\$2.29		7010	PLAYING CARDS	\$1.59		8007	SPORTS BRA - SML	\$7.99
	5015	PECAN CHOC CHIP COOKIES	\$2.29		7012	SKETCH PAD	\$3.00		8008	SPORTS BRA - MED	\$7.99
	5039	BB CHOC CHIP COOKIES	\$2.29		7016	TUMBLER W/O LID	\$0.75		8010	SPORTS BRA - XL	\$7.99
	5011	BB OATMEAL COOKIES	\$2.29		7019	PLAIN WHITE ENVELOPE	\$0.09		8049	BTM - MED THERMAL	\$9.79
	5013	COOKIES - BUTTERFINGER	\$2.29		7020	ERASER	\$0.15		8050	BTM - LRG THERMAL	\$9.79
	5051	VANILLA CREAM COOKIES	\$2.29		7021	COLOR PENCILS	\$1.99		8051	BTM - XL THERMAL	\$9.79
	6049	PEANUTS - 1 OZ.	\$0.59		7022	PENCIL	\$0.15		8052	BTM - 2XL THERMAL	\$9.79
	5024	G-MAS CHOC CHIP COOKIE	\$0.79		7023	ENGLISH DICTIONARY	\$2.49		8055	TOP - MED THERMAL	\$9.79
	5047	G-MAS OAT/RAISIN COOKIE	\$0.79		7033	CROSSWORD PUZZLE	\$2.09		8056	TOP - LRG THERMAL	\$9.79
	5017	PEANUT BTR COOKIES	\$1.49		7045	EAR PLUGS	\$0.59		8057	TOP - XL THERMAL	\$9.79
	5033	CHOC SAND CREMES	\$1.29		7048	DOMINOS	\$4.99		8058	TOP - 2XL THERMAL	\$9.79
	4312	SNGL OATMEAL MPL/BRN	\$0.45		7003	WORD SEARCH	\$1.95		7098	TOWEL (BROWN)	\$4.99
	4140	TUNA FISH POUCH	\$2.39		7099	LEGAL PAD	\$1.19				
	4004	HOT PICKLE	\$1.29		7100	BLUE PEN	\$0.55				
	4001	MEAT/CHEESE STICK	\$0.99		7129	BLACK PEN	\$0.55				
	4000	BEEF STICK	\$0.99		7109	AA BATTERIES-EACH	\$1.11				
	4006	HOT/SPICY BF STICK	\$0.99		7002	EAR-BUDS - REPLACEMENT	\$3.90				
	4117	INST. CHILI RICE/BEANS	\$1.29		7110	AAA BATTERIES - EACH	\$1.11				
	4208	REFRIED BEANS - 4OZ	\$2.19		7011	RADIO AM/FM	\$27.99				
	4025	BEEF STEW	\$3.49		7069	WASH CLOTH WHITE	\$0.89				
	4132	CHILI W/BEANS HOT	\$2.49		7017	BOWL W/O LID	\$1.59				
	4084	PARTY DIP - JALAPENO	\$2.49		7141	LEGAL SIZE FOLDERS	\$0.19				
	4022	6 CT. FLOUR TORTILLAS	\$1.75		1092	ASPIRIN	\$0.53				
	4019	SALTINE CRACKERS-1 SLV	\$0.99		1000	ACETAMINOPHEN	\$0.53				
	4009	MAYO - SINGLE	\$0.29		1018	IBUPROFEN	\$0.53				
	4011	P/B SQUEEZERS	\$0.49		1022	ANTACIDS	\$1.61				
	4007	JAL CHEESE SQUEEZER	\$0.75		7851	READING GLASSES 1.5-2.0	\$4.99				
	4008	GRAPE JELLY - SQUEEZER	\$0.39		7852	READING GLASSES 2.25	\$4.99				
	4012	PICANTE SAUCE - SINGLE	\$0.29		7853	READING GLASSES 3.0	\$4.99				
	4002	CHDR CHEESE SQUEEZER	\$0.75								
	6206	BOX CHEESE CRACKERS	\$3.75								

NOTE: YOU MUST PUT YOUR NAME, INMATE NUMBER, & POD ON THIS FORM CORRECTLY TO RECEIVE COMMISSARY. BY FILLING OUT THIS FORM YOU ARE AUTHORIZING ARAMARK TO TAKE MONEY OFF YOUR ACCOUNT. PURCHASE LIMIT IS 10 PER ITEM OR \$125.00 PER DELIVERY. EFFECTIVE 09/02/2011. ALL MONIES HAVE TO BE POSTED BY NOON PRIOR TO DAY OF COMMISSARY ORDER. ALL SALES ARE FINAL. YOU MUST CHECK ORDER AT TIME OF DELIVERY. CORRECTIONS WILL BE MADE THEN. PRICES & SIZES ARE SUBJECT TO CHANGE WITHOUT NOTICE. ARAMARK HAS THE RIGHT TO REFUSE SERVICE TO ANYONE WHO DOES NOT COMPLY.

NAME:
INMATE #:
POD:

SPENDING LIMIT: \$125.00 each order, \$250.00 is the weekly limit (ON ALL COMMISSARY(HOT CART, DELIVERYS, ETC.))

Turn in orders Sunday for Tuesday and Wednesday and Wednesday for Friday and Saturday deliveries

QTY	FRESH FAVORITES	PRICE
4719	SO CHICKEN SAND	\$9.99
4739	DBL CHEESEBURGER	\$11.80
4710	PHILLY CHEESESTEAK	\$9.99

Proposed 9/1/0

SANDOVAL, NM
KOSHER MENU

Weekly Average 2800 Calories Per Day
Using prepackaged frozen meals at dinner



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Week: THURSDAY 1

Meal Name: Breakfast

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
Stewed or Glazed Apples 1/2 cup	Applesauce 1/2 cup	Stewed or Glazed Apples 1/2 cup	Applesauce 1/2 cup	Stewed or Glazed Apples 1/2 cup	Applesauce 1/2 cup	Stewed or Glazed Apples 1/2 cup
Dry Cereal 2 cup	Dry Cereal 2 cup	Dry Cereal 2 cup	Dry Cereal 2 cup	Dry Cereal 2 cup	Dry Cereal 2 cup	Dry Cereal 2 cup
Enriched Bread 2 slice	Enriched Bread 2 slice	Enriched Bread 2 slice	Enriched Bread 2 slice	Enriched Bread 2 slice	Enriched Bread 2 slice	Enriched Bread 2 slice
Kosher Margarine, pc 2 each	Kosher Margarine, pc 2 each	Kosher Margarine, pc 2 each	Kosher Margarine, pc 2 each	Kosher Margarine, pc 2 each	Kosher Margarine, pc 2 each	Kosher Margarine, pc 2 each
2% Milk (Half Pint) 1 each	2% Milk (Half Pint) 1 each	2% Milk (Half Pint) 1 each	2% Milk (Half Pint) 1 each	2% Milk (Half Pint) 1 each	2% Milk (Half Pint) 1 each	2% Milk (Half Pint) 1 each
Sugar 2 packet	Sugar 2 packet	Sugar 2 packet	Sugar 2 packet	Sugar 2 packet	Sugar 2 packet	Sugar 2 packet
Bagel 1 each	Hard Cooked Egg 1 each	Bagel 1 each	Hard Cooked Egg 1 each	Hard Cooked Egg 1 each	Bagel 1 each	Bagel 1 each
Cream Cheese 1 1/2 oz	Jelly 2 packet	Jelly 2 packet	Cream Cheese 1 1/2 oz	Jelly 2 packet	Jelly 2 packet	Cream Cheese 1 1/2 oz
Jelly 2 packet	Jelly 2 packet	Jelly 2 packet	Jelly 2 packet	Jelly 2 packet	Jelly 2 packet	Jelly 2 packet

Meal Name: Lunch

Peanut Butter 3 ozw	Black-Eyed Peas LF 1 1/4 cup	Rinsed Tuna 3 ozw	Black-Eyed Peas LF 1 1/4 cup	Peanut Butter 3 ozw	Vegetarian Pinto Beans 1 1/4 cup	Vegetarian Northern Beans LF 1 1/4 cup
Jelly 2 1/2 oz	Collage Fries LF 1 cup	Fish Brand Vegetables LF 1/2 cup	Rice LF 1 cup	Jelly 2 1/2 oz	Collage Fries LF 1 cup	Baked Potato 1 each
Rice LF 1 cup	Carrot LF 1/2 cup	Enriched Bread 4 slice	Corn O Bran LF 1/2 cup	Rice LF 1 cup	Carrot LF 1/2 cup	Green Beans LF 1/2 cup
Green Beans LF 1/2 cup	Enriched Bread 2 slice	Stewed or Glazed Apples 1/2 cup	Enriched Bread 2 slice	Enriched Bread 1/2 cup	Enriched Bread 2 slice	Enriched Bread 2 slice
Enriched Bread 4 slice	Kosher Margarine, pc 2 each	Fruit Drink w/ C 1 cup	Kosher Margarine, pc 2 each	Enriched Bread 4 slice	Kosher Margarine, pc 2 each	Kosher Margarine, pc 2 each
Applesauce 1/2 cup	Stewed or Glazed Apples 1/2 cup	Applesauce 1/2 cup	Stewed or Glazed Apples 1/2 cup	Enriched Bread 1/2 cup	Applesauce 1/2 cup	Stewed or Glazed Apples 1/2 cup
Fruit Drink w/ C 1 cup	Fruit Drink w/ C 1 cup	Fruit Drink w/ C 1 cup	Fruit Drink w/ C 1 cup	Fruit Drink w/ C 1 cup	Fruit Drink w/ C 1 cup	Fruit Drink w/ C 1 cup

Meal Name: Dinner

Salsbury Steak w/ Marshd Potatoes, Corn & Peas 1 each	Beef Brisket w/ Rice & Peas 1 each	Roast Turkey w/ Sweet Potatoes & Green Beans 1 each	Baked Fish w/ Pasta, Green Beans & Carrots 1 each	Yankee Pot Roast w/ Marshd Potatoes, Peas & Carrots 1 each	Herbed Chicken w/ Egg Barley & Carrot Trimmes 1 each	Baked Fish w/ Pasta, Green Beans & Carrots 1 each
Applesauce 1/2 cup	Stewed or Glazed Apples 1/2 cup	Applesauce 1/2 cup	Stewed or Glazed Apples 1/2 cup	Applesauce 1/2 cup	Stewed or Glazed Apples 1/2 cup	Applesauce 1/2 cup
Enriched Bread 2 slice	Enriched Bread 2 slice	Enriched Bread 2 slice	Enriched Bread 2 slice	Enriched Bread 2 slice	Enriched Bread 2 slice	Enriched Bread 2 slice
Garden Salad 1 cup	Garden Salad 2 slice	Garden Salad 2 slice	Garden Salad 2 slice	Garden Salad 2 slice	Garden Salad 2 slice	Garden Salad 2 slice
Scratch Salad Dressing 1 1/2 oz	Scratch Salad Dressing 1 cup	Scratch Salad Dressing 1 cup	Scratch Salad Dressing 1 cup	Scratch Salad Dressing 1 cup	Scratch Salad Dressing 1 cup	Scratch Salad Dressing 1 cup
Kosher Margarine, pc 2 each	Kosher Margarine, pc 2 each	Kosher Margarine, pc 2 each	Kosher Margarine, pc 2 each	Kosher Margarine, pc 2 each	Kosher Margarine, pc 2 each	Kosher Margarine, pc 2 each
Fruit Drink w/ B12, C, Ca, D, E 1 cup	Fruit Drink w/ B12, C, Ca, D, E 1 cup	Fruit Drink w/ B12, C, Ca, D, E 1 cup	Fruit Drink w/ B12, C, Ca, D, E 1 cup	Fruit Drink w/ B12, C, Ca, D, E 1 cup	Fruit Drink w/ B12, C, Ca, D, E 1 cup	Fruit Drink w/ B12, C, Ca, D, E 1 cup

All entree portions purchased fully cooked, within manufacturer tolerance specifications, are weight measurements prior to reheating. Casseroles made from scratch are based upon cooked weight measurements. Weights on cookies, bread, rolls, and breadsticks made from mix are prior to baking. Pancakes made from mix are batter volume measurement prior to cooking. Side dishes are volume measurements. All combination dishes are made with poultry unless otherwise indicated. All starches, vegetables, and cooked cereal are prepared with margarine unless indicated as LF (Low Fat). No pork is used unless item is named pork. Imitation cheese with calcium is used.

Breakfast: No meat is served. Utensils used for cooking and serving must be used only for kosher breakfast and stored in a special area. Serve a cold tray and a hot tray. Serve meal on paper with a disposable cup and utensils. Cold tray: wrap fruit, bowls of cereal, bread, margarine, plastic ware & napkin together on disposable plate. Serve dry cereal in disposable bowls with lids. Hot Tray: These foods are prepared in kosher dairy pans (kept in manager's office). Follow all kosher preparation instructions in recipes for breakfast entrees, eggs/French toast.

Lunch and dinner: Serve a cold tray and a hot tray. Serve meal on paper with a disposable cup and utensils. Cold tray: wrap fruit, bowl of salad, bread, margarine, plastic ware & napkin together on disposable plate. Top salad with dressing. Use a disposable spoon or cup to transfer dressing from container to salad. Serve salad in a disposable bowl. Hot tray: Store, cook and serve sealed. Do not use meals that are unsealed. Follow kosher preparation methods in recipes at lunch/dinner items: salad, salad dressing. A non-dairy beverage is served.

All meals: Bread and bagels should not contain dairy ingredients. Margarine should not contain milk solids and should be a sealed pc.

Weekly Average 2800 Calories Per Day

Week: 1
THURSDAY 1 FRIDAY SATURDAY SUNDAY MONDAY TUESDAY WEDNESDAY

Meal Name: Breakfast		Meal Name: Lunch	
Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup
Hot Cereal w/ Sugar and Dairy Blend*	1 cup	Hot Cereal w/ Sugar and Dairy Blend*	1 cup
Scrambled Eggs	3/4 cup	Scrambled Eggs	3/4 cup
Grilled T. Ham	2 ozw	Grilled T. Ham	2 ozw
Hash Browns	1/2 cup	Hash Browns	1/2 cup
Bakery Biscuit	1/54 cut	Bakery Biscuit	1/54 cut
Whipped Margarine	1/2 ozw	Whipped Margarine	1/2 ozw
Coffee	1 cup	Coffee	1 cup
Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each
Sugar	2 packet	Sugar	2 packet
Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup
Dry Cereal	3/4 cup	Sweetened Hot Cereal	1 cup
Pancakes	2 each	Waffles	2 each
Syrup	2 fl oz	Syrup	2 fl oz
Breakfast Sausage	1 ozw	Breakfast Sausage	1 ozw
Whipped Margarine	1/2 cup	Hard Cooked Egg	1 each
Coffee	1/2 cup	Whipped Margarine	1/2 cup
2% Milk (Half Pint)	1 each	Coffee	1 cup
Salt & Pepper Packets	1 each	2% Milk (Half Pint)	1 each
Sugar	2 packet	Sugar	2 packet
Charbroiled Beef Pattie	4 ozw	Crispy Chicken Pattie	4 ozw
Chesse	1/2 ozw	Mustard	1 packet
Shredded Lettuce	1/2 cup	Augrafin Potatoes	3/4 cup
Hamburger Bun	1 each	Mustard	1 packet
Mustard	1 packet	Garden Salad	1/2 cup
Pasta Salad	3/4 cup	LF Salad Dressing	1/2 fl oz
Garden Salad	1/2 cup	Enriched Bread or Rolls	2 each
Garms	3/4 cup	Whipped Margarine	1/2 cup
Stewed or Glazed Apples	1/2 cup	Whipped Margarine	1/2 cup
Fruit Drink w/ C	1 cup	Lead Cake	1/54 cut
Fruit Drink w/ C	1 cup	Fruit Drink w/ C	1/54 cut
Salt & Pepper Packets	1 each	Fruit Drink w/ C	1 cup
Pepper	1 packet	Salt & Pepper Packets	1 each
Pepper	1 packet	Pepper	1 packet

Meal Name: Dinner	
Crunchy Country Pattie	4 ozw
Gravy L/F/S	2 fl oz
Mashed Potatoes	3/4 cup
High Blend Vegetables	1/2 cup
Fresh Baked Roll	2 ozw
Whipped Margarine	1/2 ozw
Fresh Baked Cookie Bar	1/54 cut
Fruit Drink w/ B12, C, Ca, D, E	1 cup
Salt & Pepper Packets	1 each
Meatballs (1/2 oz each)	6 each
Salsa	2 fl oz
Noonods	3/4 cup
Garden Salad	1/2 cup
LF Salad Dressing	1/2 cup
Fresh Baked Roll	2 ozw
Blueberry & Whole Grain Oat Bar	1/54 cut
Fruit Drink w/ B12, C, Ca, D, E	1 cup
Pepper	1 packet
New Mexico Green Chili Stew (3 oz pd meal)	10 ozw
Spanish Rice	1/2 cup
Pour Tortilla (6")	2 each
Pinto Beans	1 cup
Garden Salad	1/2 cup
LF Salad Dressing	1/2 fl oz
Lead Cake	1/54 cut
Fruit Drink w/ B12, C, Ca, D, E	1 cup
Pepper	1 packet
Frito Pie (3 oz pd meal)	10 ozw
Kettle Blend Mixed Vegetables	1/2 cup
Southern Cornbread	1/54 cut
Whipped Margarine	1/2 ozw
Fresh Baked Cookie Bar	1/54 cut
Salt & Pepper Packets	1 each
Pepper	1 packet
Tax-Mex Taco Meal (3 oz pd meal)	4 ozw
Shredded Lettuce	1/2 cup
Salsa	2 fl oz
Cheese Sauce	1 fl oz
Spanish Rice	1/2 cup
Pinto Beans	1 cup
Corn Tortilla 6"	2 each
Fudge Brownie	1/54 cut
Fruit Drink w/ B12, C, Ca, D, E	1 cup
Pepper	1 packet
Heavy Spanish Rice (3 oz pd meal)	10 ozw
High Blend Vegetables	1/2 cup
Garden Salad	1/2 cup
LF Salad Dressing	1/2 fl oz
Southern Cornbread	1/54 cut
Whipped Margarine	1/2 ozw
Fresh Baked Cookie Bar	1/54 cut
Fruit Drink w/ B12, C, Ca, D, E	1 cup
Salt & Pepper Packets	1 each
Pepper	1 packet
Charbroiled Beef Pattie	4 ozw
Gravy L/F/S	2 fl oz
Mashed Potatoes	1/2 cup
Carrots	1/2 cup
Fresh Baked Roll	2 ozw
Whipped Margarine	1/2 cup
Lead Cake	1/54 cut
Fruit Drink w/ B12, C, Ca, D, E	1 cup
Salt & Pepper Packets	1 each
Pepper	1 packet

*Indicates 125 mg calcium per serving

All entree portions purchased fully cooked, within manufacturer tolerance specifications, are weight measurements prior to reheating. Casseroles and combination items made from scratch are based upon approximate cooked weight measurements. Weights on cookies, bread, rolls, and breadsticks made from mix or scratch are prior to baking. Pancakes made from mix or scratch are batter volume measurement prior to cooking. Side dishes are volume measurements. All combination dishes are made with poultry unless otherwise indicated. All starches, vegetables, and cooked cereal are prepared with margarine unless indicated as LF (Low Fat). No pork is used unless item is named pork. Imitation cheese with calcium is used.

Week: THURSDAY 2 FRIDAY SATURDAY SUNDAY MONDAY TUESDAY WEDNESDAY

Meal Name: Breakfast

Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup
Hot Cereal w/ Sugar and Dairy Blend	1 cup	Dry Cereal	3/4 cup	Scrambled Eggs	2 oztw	Hot Cereal w/ Sugar and Dairy Blend*	1 cup	Hot Cereal w/ Sugar and Dairy Blend*	1 cup	Dry Cereal	3/4 cup	Dry Cereal	3/4 cup
Breakfast Sausage	2 oztw	Pancakes	2 each	Glazed T. Ham	2 oztw	Scrambled Eggs	3 oztw	Syrup	2 fl oz	Breakfast Sausage	2 oztw	Breakfast Sausage	2 oztw
Hash Browns	1/2 cup	Syrup	2 fl oz	Enriched Bread or Rolls	2 each	Salsa	2 fl oz	Breakfast Sausage	2 fl oz	Breakfast Sausage	2 fl oz	Breakfast Sausage	2 fl oz
Bakery Biscuit	1/54 cut	Whipped Margarine	1/3 oztw	Whipped Margarine	1/3 oztw	Pinlo Beans	2 fl oz	Hard Cooked Egg	1 each	Bakery Biscuit	1/54 cut	Bakery Biscuit	1/54 cut
Whipped Margarine	1/3 oztw	Breakfast Sausage	2 oztw	Whipped Margarine	1/3 oztw	Flour Tortilla (6")	2 each	Whipped Margarine	1/3 oztw	Whipped Margarine	1/3 oztw	Whipped Margarine	1/3 oztw
Coffee	1 cup	Coffee	1 cup	Coffee	1 cup	Coffee	1 cup	Whipped Margarine	1/3 oztw	Coffee	1 cup	Coffee	1 cup
Salt & Pepper Packets	1 each	2% Milk (Half Pin)	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Coffee	1 cup	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each
Sugar	2 packet	Sugar	2 packet	Sugar	2 packet	Sugar	2 packet	Sugar	2 packet	Sugar	2 packet	Sugar	2 packet

Meal Name: Lunch

Burrito	1 each	Charbroiled Beef Paltte	4 oztw	T. Ham & AuGrain Potatoes (3 oz diced meal)	10 oztw	Torron Tomale Pita w/ Cornbread	10 oztw	Shopy Joe Meat (3 oz pd meal)	4 oztw	Turkey	3 oztw	T. Hot Dogs (1.5 oz each)	2 each
Rice	1 cup	Chesse	1/2 oztw	Green Beans LF	1/2 cup	Pinlo Beans	1 cup	Hamburger Bun	1 each	Gravy	2 fl oz	Enriched Bread	2 slice
Pinlo Beans	1/2 cup	Cajun Potatoes	3/4 cup	Creamy Cakeslaw	1/2 cup	Orgran Potatoes	1/2 cup	Garros	1/2 cup	Noodles	3/4 cup	Koelchup	1 packet
Chesse Sauce	1 fl oz	Mustard	1 packet	Southern Cornbread	1/54 cut	Fudge Brownie	1/54 cut	Noodles	3/4 cup	Enriched Bread	2 slice	Mustard	1 packet
Fresh Baked Cookie Bar	1/54 cut	Koelchup	1 packet	Whipped Margarine	1/3 oztw	Fruit Drink w/ C	1 cup	Garden Salad	1/2 cup	Whipped Margarine	1/3 oztw	Chili Sauce (1 oz pd meal)	1 packet
Fruit Drink w/ C	1 cup	Hamburger Bun	1 each	Blueberry & Whole Grain Oat Bar	1/54 cut	Salt & Pepper Packets	1 each	LF Salad Dressing	1/2 fl oz	Lead Cake	1/54 cut	Macaroni Salad	1 cup
Pepper	1 packet	Koelie Blend Mixed Vegetables	1/2 cup	Fruit Drink w/ C	1 cup	Pepper	1 packet	Shaved or Glazed Apples	1/2 cup	Fruit Drink w/ C	1 cup	Koelie Blend Mixed Vegetables	1/2 cup
		Lead Cake	1/54 cut	Pepper	1 packet	Salt & Pepper Packets	1 each	Fruit Drink w/ C	1 cup	Salt & Pepper Packets	1 each	Lead Cake	1/54 cut
		Fruit Drink w/ C	1 cup					Salt & Pepper Packets	1 each			Fruit Drink w/ C	1 cup
		Salt & Pepper Packets	1 each									Salt & Pepper Packets	1 each

Meal Name: Dinner

Spaghoilli & Italian Meat Sauce (3 oz pd meal)	10 oztw	Cheesy Enchilada Casserole (2 oz pd meal / 1 oz chesse)	10 oztw	Oven Fried Breaded Fish Paltte	4 oztw	Crispy Chicken Paltte	4 oztw	Mexican Posole (3 oz pd meal)	10 fl oz	Cranchy Country Paltte	4 oztw	New Mexico Green Chili Stew (3 oz pd meal)	8 oztw
Irish Blend Vegetables	1/2 cup	Spanish Rice	1 cup	Tatar Sauce	1/2 fl oz	BBO Sauce	1 fl oz	Rice	1/2 cup	Mashed Potatoes	3/4 cup	Spanish Rice	1/2 cup
Garden Salad	1/2 cup	Garden Salad	1/2 cup	Rice	1/2 cup	Mashed Potatoes	1/2 cup	Garden Salad	1/2 cup	Gravy	2 fl oz	Garden Salad	1/2 cup
LF Salad Dressing	1/2 fl oz	LF Salad Dressing	1/2 fl oz	Carrot Salad	1/2 cup	Irish Blend Vegetables	1/2 cup	LF Salad Dressing	1/2 fl oz	Green Beans	1/2 cup	LF Salad Dressing	1/2 fl oz
Garfic Roll	2 oztw	Corn	1/2 cup	Enriched Bread	2 slice	Enriched Bread	2 slice	Southern Cornbread	1/54 cut	Fresh Baked Roll	2 oztw	Corn Tortilla 6"	2 each
Whipped Margarine	1/3 oztw	Fresh Baked Cookie Bar	1/54 cut	Whipped Margarine	1/3 oztw	Whipped Margarine	1/3 oztw	Whipped Margarine	1/3 oztw	Whipped Margarine	1/3 oztw	Whipped Margarine	1/3 oztw
Lead Cake	1/54 cut	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Fresh Baked Cookie Bar	1/54 cut	Fresh Baked Cookie Bar	1/54 cut	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Fruit Drink w/ B12, C, Ca, D, E	1 cup
Fruit Drink w/ B12, C, Ca, D, E	1 cup	Salt & Pepper Packets	1 each	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Salt & Pepper Packets	1 each	Fruit Drink w/ B12, C, Ca, D, E	1 cup
Salt & Pepper Packets	1 each	Pepper	1 packet	Pepper	1 packet	Pepper	1 packet	Pepper	1 packet	Salt & Pepper Packets	1 each	Pepper	1 packet

*Indicates 125 mg calcium per serving

All on-site portions purchased fully cooked, within manufacturer tolerance specifications, are weight measurements prior to reheating. Casseroles and combination items made from scratch are based upon approximate cooked weight measurements. Weights on cookies, breads, rolls, and breadsticks made from mix or scratch are batter volume measurements prior to cooking. Side dishes are volume measurements. All combination dishes are made with poultry unless otherwise indicated. All starches, vegetables, and cooked cereal are prepared with margarine unless indicated as LF (Low Fat). No pork is used unless item is named pork. Imitation chesse with calcium is used.

Week: **3**

THURSDAY **FRIDAY** **SATURDAY** **SUNDAY** **MONDAY** **TUESDAY** **WEDNESDAY**

Meal Name: Breakfast

Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup
Dry Cereal	3/4 cup	Hot Cereal w/ Sugar and Dairy Blend*	1 cup	Dry Cereal	3/4 cup	Sweetened Hot Cereal	3/4 cup	Waffles	2 each	Hot Cereal w/ Sugar and Dairy Blend*	1 cup	Dry Cereal	3/4 cup
Pancakes	2 each	Breakfast Sausage	2 ozw	Scrambled Eggs	4 ozw	Grilled T. Ham	2 ozw	Syrup	2 fl oz	Breakfast Sausage	2 ozw	Breakfast Sausage	2 ozw
Syrup	2 fl oz	Hash Browns	1/2 cup	Salsa	1/2 fl oz	Enriched Bread or Rolls	2 each	T. Ham	1 ozw	Hash Browns	1/2 cup	Bakery Biscuit	1/54 cut
Grilled T. Ham	2 ozw	Bakery Biscuit	1/54 cut	Fruit Tortilla (57)	2 each	Whipped Margarine	1/3 ozw	Hard Cooked Egg	1 each	Bakery Biscuit	1/54 cut	Strawel Colicecake	1/54 cut
Whipped Margarine	1/3 ozw	Whipped Margarine	1/3 ozw	Pinto Beans	1/2 cup	Whipped Margarine	1/3 ozw	Coltidge Fries LF	1 each	Whipped Margarine	1/3 ozw	Whipped Margarine	1/3 ozw
Coffee	1 cup	Coffee	1 cup	Whipped Margarine	1/3 ozw	2% Milk (Half Pint)	1 each	Whipped Margarine	1/3 ozw	Coffee	1 cup	Coffee	1 cup
2% Milk (Half Pint)	1 each	Salt & Pepper Packets	1 each	Coffee	1 cup	2% Milk (Half Pint)	2 packets	Coffee	1 cup	Salt & Pepper Packets	1 each	2% Milk (Half Pint)	1 each
Sugar	2 packet	Sugar	2 packet	2% Milk (Half Pint)	1 each	Salt & Pepper Packets	1 each	2% Milk (Half Pint)	1 each	Sugar	2 packet	Sugar	2 packet
				Salt & Pepper Packets	1 each	Sugar	2 packet	Sugar	2 packet				

Meal Name: Lunch

T. Bologna	1 1/2 ozw	Charbroiled Beef Pattie	4 ozw	Oven Fried Breaded Fish Pattie	4 ozw	Smoked T. Sausage (3 oz each)	1 each	Tex-Mex Taco Meal (3 oz gd meal)	4 ozw	T. Sahrnl	3 ozw	Roast Turkey	3 ozw
T. Sahrnl	1 1/2 ozw	Cheese	1/2 ozw	Enriched Bread	2 slice	Manxan Pinto Beans	3/4 cup	Corn Tortilla 6"	2 each	Cheese	1/2 ozw	Gravy LFLS	2 fl oz
Fresh Baked Roll	2 ozw	Mustard	1 packet	Tatar Sauce	1/2 fl oz	Carrots	1/2 cup	Cheese Sauce	1 fl oz	Enriched Bread	2 slice	Mashed Potatoes LF	1/2 cup
Mustard	1 packet	Hamburger Bun	1 each	Calum Potatoes LF	1/2 cup	Mustard	1 packet	Spanish Rice	1/2 cup	Mayo Dressing	1 packet	Green Beans LF	1/2 cup
Shredded Lettuce	1/2 cup	Parazy Potatoes LF	1/2 cup	Garden Salad	1/2 cup	Ketchup	1 packet	Refried Pinto Beans	1/2 cup	Macaroni Salad	1 packet	Fresh Baked Roll	2 ozw
Pasta Salad	1/2 cup	Garden Salad	1/2 cup	LF Salad Dressing	1/2 fl oz	Enriched Bread	2 slice	Garden Salad	1/2 cup	Garden Salad	3/4 cup	Whipped Margarine	1/3 ozw
Corn Chipes	1 ozw	LF Salad Dressing	1/2 fl oz	Lead Cake	1/54 cut	Fudge Brownie	1/54 cut	LF Salad Dressing	1/2 fl oz	LF Salad Dressing	1/2 fl oz	Lead Cake	1/54 cut
Fudge Brownie	1/54 cut	Lead Cake	1/54 cut	Fruit Drink w/C	1 cup	Fruit Drink w/C	1 cup	Lemon Square	1/54 cut	Fresh Baked Cookie Bar	1/54 cut	Fruit Drink w/C	1 cup
Fruit Drink w/C	1 cup	Fruit Drink w/C	1 cup	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Fruit Drink w/C	1 cup	Fruit Drink w/C	1 cup	Salt & Pepper Packets	1 each
Pepper	1 packet	Salt & Pepper Packets	1 each			Pepper	1 packet	Pepper	1 packet	Pepper	1 packet		

Meal Name: Dinner

Tex-Mex Taco Meal (3 oz gd meal)	4 ozw	Crunchy Country Pattie	4 ozw	Cheesy Macaroni w/ T. Ham (3 oz diced meal)	10 ozw	Meatballs (1/2 oz each)	6 each	New Mexico Green Chile Stew (3 oz gd meal)	8 ozw	Frito Pie (3 oz gd meal)	10 ozw	Charbroiled Beef Pattie	4 ozw
Corn Tortilla 6"	2 each	Gravy LFLS	2 fl oz	Creamy Colerlaw	1/2 cup	Salsa	2 fl oz	Rice LF	3/4 cup	Rice	1/2 cup	Fresh Baked Roll	2 ozw
Carrots	1/2 cup	Mashed Potatoes LF	1/2 cup	Southern Cornbread	1/54 cut	Noodes LF	3/4 cup	Kettle Blend Mixed Vegetables LF	1/2 cup	Green Beans LF	1/2 cup	Gravy LFLS	2 fl oz
Pinto Beans	1 cup	Green Beans LF	1/2 cup	Whipped Margarine	1/2 ozw	Shredded Lettuce	1/2 cup	Fruit Tortilla (57)	2 each	Lead Cake	1/54 cut	Corn LF	2 fl oz
Shredded Lettuce	1/4 cup	Fresh Baked Roll	2 ozw	Fresh Baked Cookie Bar	1/54 cut	LF Salad Dressing	1/2 fl oz	Whipped Margarine	1/3 ozw	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Paprika Potatoes	1/2 cup
Shredded Cheese	1/2 ozw	Whipped Margarine	1/3 ozw	Pepper	1 packet	Bakery Biscuit	1/54 cut	Fresh Baked Cookie Bar	1/54 cut	Salt & Pepper Packets	1 each	Fresh Baked Cookie Bar	1/54 cut
Salsa	2 fl oz	Fresh Baked Cookie Bar	1/54 cut	Pepper	1 packet	Whipped Margarine	1/3 ozw	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Salt & Pepper Packets	1 each	Fresh Baked Cookie Bar	1/54 cut
Fresh Baked Cookie Bar	1/54 cut	Salt & Pepper Packets	1 each			Lead Cake	1/54 cut	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Salt & Pepper Packets	1 each	Fruit Drink w/ B12, C, Ca, D, E	1 cup
Fruit Drink w/ B12, C, Ca, D, E	1 cup					Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each			Salt & Pepper Packets	1 each
Pepper	1 packet												

*Indicates 125 mg calcium per serving

All entire portions purchased, lully cooked, within manufacturer tolerance specifications, are weight measurements prior to reheating. Casseroles and combination items made from scratch are based upon approximate cooked weight measurements. Weights on cookies, bread, rolls, and breadsticks made from mix or scratch are prior to baking. Pancakes made from mix or scratch are batter volume measurement prior to cooking. Side dishes are volume measurements. All combination dishes are made with poultry unless otherwise indicated. All starches, vegetables, and cooked cereal are prepared with margarine unless indicated as LF (Low Fat). No pork is used unless item is named pork. Initiation cheese with calcium is used.

Weekly Average 2800 Calories Per Day

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Week: **4**

THURSDAY **FRIDAY** **SATURDAY** **SUNDAY** **MONDAY** **TUESDAY** **WEDNESDAY**

Meal Name: Breakfast

Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup
Hot Cereal w/ Sugar and Dairy Blend*	1 cup	Hot Cereal w/ Sugar and Dairy Blend*	1 cup	Hot Cereal	1 cup	Hot Cereal	1 cup	Hot Cereal w/ Sugar and Dairy Blend*	1 cup	Hot Cereal w/ Sugar and Dairy Blend*	1 cup	Hot Cereal w/ Sugar and Dairy Blend*	1 cup
Pancakes	2 each	Scrambled Eggs	2 ozw	T. Ham	1 cup	Scrambled Eggs	3 ozw	Breakfast Sausage	2 ozw	Grilled T. Ham	2 ozw	Syrup	2 fl oz
Syrup	2 fl oz	T. Ham	2 ozw	Hash Browns	1/2 cup	Streisal Coffeecake	1/54 cut	Hash Browns	1/2 cup	Streisal Coffeecake	1/54 cut	Breakfast Sausage	2 ozw
Breakfast Sausage	1 ozw	Salsa	1/2 fl oz	Enriched Bread	2 slice	Whipped Margarine	1/3 ozw	Whipped Margarine	1/3 ozw	Whipped Margarine	1/3 ozw	Whipped Margarine	1/3 ozw
Hard Cooked Egg	1 each	Pinto Beans	1/2 cup	Whipped Margarine	1/3 ozw	Coffee	1 cup	2% Milk (Half Pint)	1 each	2% Milk (Half Pint)	1 each	2% Milk (Half Pint)	1 each
Whipped Margarine	1/3 ozw	Flour Tortilla (6")	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each
Coffee	1 cup	Coffee	1 cup	2% Milk (Half Pint)	1 each	2% Milk (Half Pint)	1 each	2% Milk (Half Pint)	1 each	2% Milk (Half Pint)	1 each	2% Milk (Half Pint)	1 each
Sugar	2 packet	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each
		Sugar	2 packet	Sugar	2 packet	Sugar	2 packet	Sugar	2 packet	Sugar	2 packet	Sugar	2 packet

Meal Name: Lunch

Crispy Chicken Paltio	4 ozw	T. Bologna	3 ozw	Tuna Salad (3 oz)	4 ozw	T. Hot Dogs (1.5 oz each)	2 each	T. Ham & AuGratin Potatoes (3 oz diced meal)	10 ozw	Stippy Joe Meat (3 oz gd meal)	4 ozw	Roast Turkey	3 ozw
Creamy Coleslaw	1/2 cup	Chesse	1/2 ozw	Enriched Bread	2 slice	Enriched Bread	2 slice	Kettle Blend Mixed Vegetables LF	1/2 cup	Cheese	1/2 ozw	Gravy LF/LS	2 fl oz
BBQ Sauce	1 fl oz	Mustard	1 packet	Macaroni Salad	1 cup	Mustard	1 packet	Southern Cornbread	1/54 cut	Hamburger Bun	1 each	Marshd Potatoes LF	1 cup
Rice O'Brien	1 cup	Enriched Bread	2 slice	Creamy Coleslaw	1/2 cup	Mexican Pinto Beans	1 cup	Whipped Margarine	1/3 ozw	Creamy Coleslaw	1/2 cup	Fresh Baked Roll	2 ozw
Enriched Bread or Rolls	2 each	Carrots LF	1/2 cup	Sandwich Cookies	2 each	Creamy Coleslaw	1/2 cup	Apple Square	1/54 cut	Cajun Potatoes LF	1 cup	Whipped Margarine	1/3 ozw
Whipped Margarine	1/3 ozw	Stewed or Glazed Apples	1/2 cup	Fruit Drink w/ C	1 cup	Blueberry & Whole Grain Oat Bar	1/54 cut	Fruit Drink w/ C	1 cup	Fresh Baked Cookie Bar	1/54 cut	Carrots LF	1/2 cup
Fudge Brownie	1/54 cut	Fruit Drink w/ C	1 cup	Pepper	1 packet	Fruit Drink w/ C	1 cup	Salt & Pepper Packets	1 each	Fruit Drink w/ C	1 cup	Fresh Baked Cookie Bar	1/54 cut
Fruit Drink w/ C	1 cup			Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Fruit Drink w/ C	1 cup
Pepper	1 packet							Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each

Meal Name: Dinner

Sagehen & Italian Meat Sauce (3 oz gd meal)	10 ozw	Burrito	1 each	Texas Tamale Pie w/ Cornbread Topping (3 oz gd meal)	10 ozw	Cherry Enchilada Casserole (3 oz gd meal / oz chesse)	10 ozw	Mexican Posole (3 oz gd meal)	10 fl oz	Smoked T. Sausage (3 oz each)	1 each	Chili con Carne w/ Beans (3 oz gd meal)	10 ozw
Green Beans LF	1/2 cup	Spanish Rice	1 cup	Rice	1 cup	Spanish Rice	1 cup	Green Beans LF	1/2 cup	Mustard	1 packet	Spanish Rice	1 cup
Garden Salad	1/2 cup	Pinto Beans	1/2 cup	Pinto Beans	1 cup	Carrots LF	1/2 cup	Garden Salad	1/2 cup	Ketchup	1 packet	Green Beans LF	1/2 cup
LF Salad Dressing	1/2 fl oz	Cheese Sauce	1 fl oz	Green Beans LF	1/2 cup	Garden Salad	1/2 cup	LF Salad Dressing	1/2 fl oz	Enriched Bread	2 slice	Southern Cornbread	1/54 cut
Garlic Roll	2 ozw	Iced Cake	1/54 cut	Shredded Lettuce	1/2 cup	LF Salad Dressing	1/2 fl oz	Rice	1 cup	Mascaroni & Chesse	1 cup	Whipped Margarine	1/3 ozw
Whipped Margarine	1/3 ozw	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Iced Cake	1/54 cut	LF Salad Dressing	1/2 fl oz	Corn Tortilla 6"	2 each	Garden Salad	1/2 cup	Lemon Square	1/3 ozw
Fresh Baked Cookie Bar	1/54 cut	Pepper	1 packet	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Iced Cake	1/54 cut	LF Salad Dressing	1/2 cup	Fruit Drink w/ B12, C, Ca, D, E	1 cup
Fruit Drink w/ B12, C, Ca, D, E	1 cup	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Salt & Pepper Packets	1 each
Salt & Pepper Packets	1 each							Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each

*Indicates 125 mg calcium per serving

All entree portions purchased fully cooked, within manufacturer tolerance specifications, are based upon approximate cooled weight measurements. Weights on cookies, bread, rolls, and breadsticks made from mix or scratch are prior to baking. Pancakes made from mix or scratch are batter volume measurement prior to cooking. Side dishes are volume measurements. All combination dishes are made with poultry unless otherwise indicated. All starches, vegetables, and cooked cereal are prepared with margarine unless indicated as LF (Low Fat). No pork is used unless item is named pork. Imitation cheese with calcium is used.

Weekly Average 2600 Calories Per Day

Week: THURSDAY 5

FRIDAY

SATURDAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup	Fruit Juice (50%)	1 cup
Dry Cereal	3/4 cup	Hot Cereal w/ Sugar and Dairy Blend	1 cup	Dry Cereal	3/4 cup	Sweetened Hot Cereal	3/4 cup	Waffles	2 each	Hot Cereal w/ Sugar and Dairy Blend	1 cup	Dry Cereal	3/4 cup	Breakfast Sausage	2 ozw
Pancakes	2 each	Breakfast Sausage	2 ozw	Scrambled Eggs	4 ozw	Grilled T. Ham	2 ozw	Syrup	2 fl oz	Breakfast Sausage	2 ozw	Hash Browns	2 ozw	Bakery Biscuit	1/54 cut
Syrup	2 fl oz	Hash Browns	2 ozw	Salsa	1/2 cup	Whipped Margarine	1/3 ozw	T. Ham	1 ozw	Hash Browns	2 ozw	Bakery Biscuit	1/54 cut	Strawss Coffeecake	1/54 cut
Grilled T. Ham	2 ozw	Bakery Biscuit	1/54 cut	Flour Tortilla (6")	2 each	Whipped Margarine	1/3 ozw	Hard Cooked Egg	1 each	Cottage Fries LF	1/2 cup	Whipped Margarine	1/3 ozw	Whipped Margarine	1/3 ozw
Whipped Margarine	1/3 ozw	Whipped Margarine	1/3 ozw	Pinto Beans	2 each	Coffee	1 cup	Whipped Margarine	1/3 ozw	Whipped Margarine	1/3 ozw	Coffee	1 cup	2% Milk (Half Pint)	1 each
Coffee	1 cup	Salt & Pepper Packets	1 each	Whipped Margarine	1/2 cup	Sugar	2 packet	Coffee	1 cup	Salt & Pepper Packets	1 each	Sugar	2 packet	Sugar	2 packet
2% Milk (Half Pint)	1 each	Salt & Pepper Packets	1 each	Coffee	1 cup	2% Milk (Half Pint)	1 each	2% Milk (Half Pint)	1 each	Sugar	2 packet	Sugar	2 packet	Sugar	2 packet
Sugar	2 packet	Sugar	2 packet	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Sugar	2 packet	Sugar	2 packet	Sugar	2 packet	Sugar	2 packet

Meal Name: Lunch

T. Bologna	1 1/2 ozw	Charcolroled Beef Pattie	4 ozw	Oven Fried Breaded Fish Pattie	4 ozw	Smoked T. Sausage (3 oz each)	1 each	Tex-Mex Taco Meat (3 oz gd meal)	4 ozw	T. Salmi	3 ozw	Roast Turkey	3 ozw
T. Salmi	1 1/2 ozw	Cheese	1/2 ozw	Enriched Bread	2 slice	Mexican Pinto Beans	3/4 cup	Corn Tortilla 6"	2 each	Cheese	1/2 ozw	Gravy LFLS	2 fl oz
Fresh Baked Roll	2 ozw	Mustard	1 packet	Tartar Sauce	1/2 fl oz	Carrots	1/2 cup	Cheese Sauce	1 fl oz	Enriched Bread	2 slice	Mashed Potatoes LF	1/2 cup
Mustard	1 packet	Hamburger Bun	1 each	Cajun Potatoes LF	1/2 cup	Mustard	1 packet	Spanish Rice	1/2 cup	Mayo Dressing	2 ozw	Green Beans LF	1/2 cup
Shredded Lettuce	1/2 cup	Parsley Potatoes LF	1/2 cup	Garden Salad	1/2 cup	Ketchup	1 packet	Rafired Pinto Beans	1/2 cup	Macaroni Salad	3/4 cup	Fresh Baked Roll	1/2 cup
Pasta Salad	1/2 cup	Garden Salad	1/2 cup	LF Salad Dressing	1/2 fl oz	Enriched Bread	2 slice	Garden Salad	1/2 cup	Garden Salad	1/2 cup	Whipped Margarine	1/3 ozw
Corn Chips	1 ozw	LF Salad Dressing	1/2 fl oz	Iced Cake	1/54 cut	Fudge Brownie	1/54 cut	LF Salad Dressing	1/2 fl oz	Fresh Baked Cookie Bar	1/54 cut	Fruit Drink w/ C	1 cup
Fudge Brownie	1/54 cut	Iced Cake	1/54 cut	Fruit Drink w/ C	1 cup	Fruit Drink w/ C	1 cup	Lemon Square	1/54 cut	Fruit Drink w/ C	1 cup	Salt & Pepper Packets	1 each
Fruit Drink w/ C	1 cup	Fruit Drink w/ C	1 cup	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Fruit Drink w/ C	1 cup	Pepper	1 packet	Pepper	1 packet

Meal Name: Dinner

Tex-Mex Taco Meat (3 oz gd meal)	4 ozw	Crunchy Country Pattie	4 ozw	Cheesy Macaroni w/ T. Ham (3 oz diced meal)	10 ozw	Meatballs (1/2 oz each)	6 each	New Mexico Green Chili Stew (3 oz gd meal)	8 ozw	Frito Pie (3 oz gd meal)	10 ozw	Charcolroled Beef Pattie	4 ozw
Corn Tortilla 6"	2 each	Gravy LFLS	2 fl oz	Creamy Cocktail	1/2 cup	Salsa	2 fl oz	Rice LF	3/4 cup	Rice	1/2 cup	Fresh Baked Roll	2 ozw
Carrots	1/2 cup	Mashed Potatoes LF	1/2 cup	Southern Cornbread	1/54 cut	Noodles LF	3/4 cup	Katie Blend Mixed Vegetables LF	1/2 cup	Green Beans LF	1/2 cup	Gravy LFLS	2 fl oz
Pinto Beans	1 cup	Green Beans LF	1/2 cup	Whipped Margarine	1/3 ozw	Shredded Lettuce	1/2 cup	Flour Tortilla (6")	2 each	Iced Cake	1/54 cut	Corn LF	1/2 cup
Shredded Lettuce	1/4 cup	Fresh Baked Roll	2 ozw	Fresh Baked Cookie Bar	1/54 cut	LF Salad Dressing	1/2 fl oz	Whipped Margarine	1/3 ozw	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Paprika Potatoes	1/2 cup
Shredded Cheese	1/2 ozw	Whipped Margarine	1/3 ozw	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Pepper	1 packet	Fresh Baked Cookie Bar	1/54 cut	Salt & Pepper Packets	1 each	Whipped Margarine	1/3 ozw
Salsa	2 fl oz	Fresh Baked Cookie Bar	1/54 cut	Pepper	1 packet	Whipped Margarine	1/3 ozw	Iced Cake	1/54 cut	Salt & Pepper Packets	1 each	Fresh Baked Cookie Bar	1/54 cut
Rice	1/2 cup	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Iced Cake	1/54 cut	Fruit Drink w/ B12, C, Ca, D, E	1 cup	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Fruit Drink w/ B12, C, Ca, D, E	1 cup
Fresh Baked Cookie Bar	1/54 cut	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each	Salt & Pepper Packets	1 each

*Indicates 125 mg calcium per serving

All entree portions purchased fully cooked, within manufacturer tolerance specifications, are weight measurements prior to reheating. Casseroles and combination items made from scratch are based upon approximate cooked weight measurements. Weights on cookies, bread, rolls, and breadsticks made from mix or scratch are prior to baking. Pancakes made from mix or scratch are batter volume measurement prior to cooking. Side dishes are volume measurements. All combination dishes are made with poultry unless otherwise indicated. All starches, vegetables, and cooked cereal are prepared with margarine unless indicated as LF (Low Fat). No pork is used unless item is named pork. Imitation cheese with calcium is used.